



CERTIFICATE OF PARTICIPATION

This is to certify that

Mpumi Ngalo

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:33:53

PACE 06:30/km

GENDER 202 of 563

OVERALL 257 of 834

40+ 59 of 161

08 July 2023, Sat

Date



BoutTime

Signature

